

FF09-FIRST AID COURSE

*First Aid for the injured, a Folk Fest Course;
Volunteers only, they don't use force;
We want to have help when things go wrong;
But it also makes us safer as we work along.*

*Watch the movie, read, then practice what they teach;
Get down on the floor, it's better than a speech;
Brian keeps us going with a fast pace and zest;
And for those who like, some of Tim Horton's best.*

*Check out the scene so you don't get yourself hurt;
Check breathing air and circulation, adrenaline will
spurt;
Take care of breathing and airway you know the reason
why;
Bleeding won't bother him if you let him die.*

*Pump the CPR dummy 'til you think you'll die;
Thirty and two or we'll know the reason why;
The EMS must be called before the job is done;
'Cause CPR for a First Aider is a five to seven minute
run.*

*No Artificial Respiration as the latest word is said;
Doing CPR, only, makes less casualties get dead;
As we review a little bit on a break old Brian gives;
We'll finish tomorrow if everybody lives.*

*7 March 2009
Ken Blacklock
Site Crew Bard*